

FITNESS WORKSHOP

1 Hour

Holmes Elite Health & Fitness

\$12/child + HST (\$8/child for additional)

- Workshop fit for school age children
- Take home monthly workout challenge
- Virtual option available
- Plank challange giveaway!

*Additional travel fee may be added depending on location

SOCCER WORKSHOP

1 Hour

North York FC

\$12/child + HST (\$8/child for additional)

- North York FC is a soccer club that focuses on ensuring that all kids have an equal opportunity to participate in sport, regardless of their social-economic situation.
- Equipment provided by NYFC
- Workshop fit for all age groups

*Additional travel fee may be added depending on location

JUNGLE GYM ON WHEELS

Varies

Monkey Movers

\$162.50/ 30 min + HST & drop off rate

- 40 ft. bus is equipped with padded walls, climbing bars, ball pit, balance beam, rings, zip line, mini trampoline, rock wall, single bar, and many other assorted gymnastics equipment.
- Workshop fit for all age groups. Can accommodate 16 kids at a time with an instructor.
- 45min Gym Bus Workshop - \$218.75
- 60min Gym Bus Workshop - \$275.00

*Additional travel fee may be added depending on location

READING WORKSHOP

25-45 mins

Anisha Angela Books & Consulting

\$275/session + HST (min. 15 participants)

- A live reading of Zoey Has an Allergy, interactive vocab session & Q&A segment
- The school/program gets a copy of the book for the class & access to worksheets
- Exclusively discount code for the families (15% off)
- Ages 3-8

*Additional travel fee may be added depending on location

SEWING WORKSHOP

Full Day

Denise Wild

\$2600/day + HST (min. 15 participants)
\$8/child for additional

- We bring 15 to 30 sewing machines with 4 to 6 instructors. We focus on one class at a time, in 40-minute periods.
- Our team of stereotype-busting mentors guides each student through success, working on a 1-to-5 ratio, providing an incredible, hands-on experience.
- Per-student price depends on your class breakdown and timetable and the ability (or inability) of your classes to combine.
- We donate a sewing machine to the school that retails for \$800 after taxes with every two-day program!

*Additional travel fee may be added depending on location

DANCING WORKSHOP

1 Hour

Confidence In Movement

\$12/child + HST (\$8/child for additional)

- Fully guided workshop, bringing the excitement and powerful effects of Latin dance to your centre
- All students start at the same comfort level and work together to gain knowledge and experience dance as a medium of expression and self discovery.
- Workshop fit for all age groups

*Additional travel fee may be added depending on location

PAINTING WORKSHOP

2 Hours

Paint & You

\$32/child + HST

- Fully guided paint session for a minimum class of 10 attendees or equal value
- Workshop fit for all age groups, paint supplies, canvas, easels and aprons included (Chairs + Tables additional
- \$10 + HST/child)
- Virtual option via Zoom available, (at-home paint kit \$30 +HST/child)

*Travel fee will be waived

YOGA WORKSHOP

1 Hour

Soar With Yoga By Fiona

\$12/child + HST (min. 15 participants)
\$8/child for additional

- Fully guided Yoga and Mindfulness session
- Soar with Yoga focuses on 4 simple words/techniques Breath, Listen and Say Something
- Together, let us make a difference as we provide the children with feasible tools to regulate their emotions and interactions with others
- Workshop fit for all age groups

*Additional travel fee may be added depending on location

WRITING WORKSHOP

25-45 mins

Anisha Angela Books & Consulting

\$300/session + HST (min. 15 participants)

- Creative writing workshop, live reading of Zoey Has an Allergy & Q&A segment
- The school/program gets a copy of the book for the class & access to worksheets
- Exclusively discount code for the families (15% off)
- Ages 8+

*Additional travel fee may be added depending on location

COOKING WORKSHOP

2- 2.5 Hours

Aunty T's Kitchen

\$515/class + HST (min. 20 participants)
\$7/child for additional

- All materials provided
- The recipes are carefully selected to minimize the use of high risk equipment and are optimal for teaching fundamental culinary knowledge and skills such as measuring, mixing, whisking, assembly, knife skills, stove top cooking, baking, etc.
- Current Meal Choices; Naan Bread Pizza, Banana Split with Yogurt and Berries, Chocolate Chip Cookies, Chicken or Vegetarian Quesadillas, and Mac n Cheese

*Additional travel fee may be added depending on location